

## Balancing Youth Ministry and Personal Life

### 1. Fight the Daily Struggle of What's Important

- The “tyranny of the urgent”
  - i. Urgency – Legitimate daily activities that demand immediate attention – sermon prep. Etc.
  - ii. Important – God given important activities but can be put off, i.e. reading a book, personal study, worship and prayer.
  
- Don't let vultures steal your time
- Important things sometimes need to be prioritized above the urgent.
- Schedule your time with Jesus!

**John 17:4** – “I have brought you glory on earth by completing the work you gave me to do.”

### 2. Avoid the “Either” “or” Life

- I am either in the ministry or I have a personal life
- We have decided not to treat ministry as a career path. It is not just something we do, it's who we are.

### 3. Set Priorities and Goals

- Have “people” priorities – Who will you spend your time with?
  - i. Do you have a mentor or someone to encourage you?
- Create Specific Goals within those priorities
  - i. What kind of youth ministry do you want?
  - ii. How do you measure the success of your ministry?
  - iii. What kind of Student do you want to produce?
  - iv. What personal goals do you have? (Education, study, family etc.)

### 4. Keep all 5 Tanks Full

- Spiritual
- Emotional
- Physical
- Intellectual
- Relational

### 5. Decide What You Are Willing to Fail At

- When you can't complete everything the day requires, what will you fail at?
- If you don't decide what it is, the urgent will choose what you fail at!
- You can't fail at being a follower of Christ. You can't fail at being a parent or spouse. But perhaps today you can fail at yard work or cleaning your office or video games etc. Figure out what that is!!